

**Diocese of Greensburg
CYO Cheerleading
Informed Consent and Acknowledgement Agreement**

Cheerleading is a vigorous, physical activity involving motion, rotation and height in a unique environment and as such, carries with it a higher than ordinary risk of injury. Serious, catastrophic injury, paralysis or even death could occur, particularly if a participant were to land on her head, neck or back. In order to reduce the potential risk of physical harm, all cheerleaders wishing to stunt must attend a cheer stunt camp or must be enrolled in a cheerleading or gymnastics program that teaches proper safety in stunting, jumping and tumbling prior to the start of the season.

All cheerleaders must also complete this Agreement, which must be signed by the athlete, her parent/guardian, the stunting camp/program coach, and her CYO Cheerleading coach.* Attendance at a stunting camp/clinic does not guarantee that the athlete will be performing any particular stunt. It is the responsibility of the CYO Cheerleading coach to evaluate each athlete's particular ability level and limit the squad's activities accordingly.

Student/Parent Section

We accept and understand that the sport of cheerleading involves certain inherent risks, dangers, and hazards that may cause serious personal injury, including death, severe paralysis or brain injury. We accept and understand that the above-described injuries and other injuries may occur as a result of participating in this sport. We accept and understand that certain activities such as tumbling and stunting carry with them a greater inherent risk of injury. We have reviewed all of these risks and we understand them. Further, we understand that stunting is not required to be able to participate in the CYO Cheerleading program in the Diocese of Greensburg.

Student Signature

Date

Parent/Guardian Signature

Date

Cheer Camp/Program Coach Section

I certify that the above named student attended or is currently attending a program that taught/teaches proper safety in stunting, jumping and tumbling and that she has learned the skills needed to safely stunt in the CYO Athletics Cheerleading program. Each child's skill level will vary, and her ability must be assessed by her cheer coach and her assigned stunts must be within her ability.

Clinic/Program Coach Signature

Date

Cheer Program/Facility Name

Cheer Program/Facility Address, and Phone Number

CYO Cheerleading Coach Section

I certify that I will assess the ability level of each individual athlete as well as the squad's talents as a whole and will only allow the squad to perform activities that are within their collective abilities.

CYO Coach Signature

Date

Name of School/Parish

*Completed form must be submitted to the school/parish before the athlete can begin stunting with the squad.